



## **ALL ARISE FROM THE MIND: THE AMAZING HEALING POWER THROUGH OUR MIND**

Drs. Hsu and Cheng, integrating Western and Chinese medicine with alternative therapies, propose “mindfulness medicine” for modern individuals. Drawing from Buddhist teachings, they explore how the mind influences the body’s balance, either causing or healing disease. This talk highlights the mind’s amazing healing power, supported by Buddhist wisdom and cases where mindfulness triumphed and Western medicine faltered.

**SEPTEMBER 3, 2024 ▶**

**2:00PM**

**Introduced by Dr. Andrew Weil and Dr. Jiang Wu**

**Free hybrid event**

Location: Iris Cantor building, Andrew Weil Center for  
Integrative Medicine

*1502 E Mabel St, Tucson, AZ 85719*

*Suggested parking: Highland Garage*

*Health Sciences Garage*

Please [register](#) to get your free seat in-person or online

**JULIA HSU 許瑞云, M.D., M.S.;**

**ANDY CHENG 鄭先安, M.B., M.H.A.**

Executive Director; Director, Mind Energy Center, Taiwan



Dr. Hsu holds a Doctor of Medicine from Boston University and a Master’s in Nutritional Epidemiology from Harvard University. She has extensively studied traditional Chinese medicine, naturopathy, energy medicine, and counseling. She is renowned in Taiwan as the “Doctor Who Prescribes No Medication” and has published ten books.

Dr. Cheng is a board-certified neurologist, internist, critical care specialist, and licensed practitioner of traditional Chinese medicine. Drs. Cheng and Hsu have co-authored three books, advocating for the principles of mindfulness medicine. He has helped numerous patients reverse and heal their chronic diseases, including malignancies, and severe vascular stenosis.

**Sponsored by**

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